





British Chiropody & Podiatry Association South West

Saturday 8 June 2024 @ The Kenn Centre ~ EX6 7UE

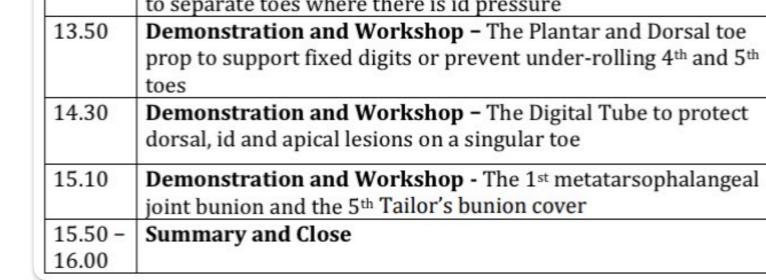
Padding, Retentive Strapping & Silicone Orthoses Training Workshop







27	
08.30	Registration – Tea / Coffee
09.00	Introduction - The function of padding and taping
09.20	Demonstration and Workshop – The Plantar Metatarsal Pad and the metatarsal shaft pad for digital extension in flexible hammer-toes (and more!)
09.50	Demonstration and Workshop - The Replaceable Toe Prop to
	support fixed hammer toes and reduce digital apical and plantar
	metatarsophalangeal joint pressure
10.30	Demonstration and Workshop - the 'nested' Cavity Pad for
	offloading digital proximal interphalangeal joint lesions post
	reduction/enucleation
11.00	Demonstration and Workshop - The rapid application of the
	Plantar Cover with retentive strapping for plantar pressure
	reduction using felt and foam
11.30	Demonstration and Workshop - The Heel Pad to attenuate
	heel fat pad atrophy and supportive taping to further augment
	the fat pad function
12.15	Lunch (followed by the silicon orthoses training)
13.15	Demonstration and Workshop - The Interdigital (id) Wedge
	to separate toes where there is id pressure





All delegates please bring your own padding scissors and a tubular bandage applicator Please also wear clothing that allows easy access to your feet..!